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## Your Divine Circle

Every June, the monarch butterflies arrive in the Midwest in a palette of oranges, yellows and black. This is a great day for nature lovers, not only for viewing the grace and beauty of this majestic insect, but because the monarch's long, arduous journey to Mexico reminds us of our own life journey that can be equally long and arduous.

The butterflies make the 2,000 mile migratory trek in blind faith, not knowing where they are going or how to get there. And nobody knows how they do it. Scientists have been searching for answers for years. Is there a scent that guides them? Is there a marked trail? Do they have a built-in GPS system in their antenna? Although the answers regarding the mystery of the flight are unknown, we do know this: Some intelligence within the monarch knows where to go and how to get there.

It's much the same in our own lives. We, too, may be traveling along not knowing where we are going or what route to take. We may have a sense of an inner urging, but don't know if we have what it takes to answer it. We may tell ourselves we don't have the resources, talent, time or freedom to fulfill our deepest desires. Many people don't even recognize their heart's desires, or they have been buried for so long that they don't know how to resurrect them.

What if you could let go of worrying about how things will come about and allow Spirit to be your internal guide? Spirit, God, Mind, Intelligence or whatever you call this Higher Power does know how to navigate through you. What do you have to do as co-navigator? Let go of controlling the outcome and trust the Divine Presence to lead the way to greater good. Holding on too tight and resisting the call to express Spirit's gifts blocks the flow of energy that powers intentions into reality. It's in the letting go and walking in blind faith that moves us through the obstacle and into something greater than we have ever experienced before.

Often, people tell me about how their journey is laden with thorns, rocks and gusty winds that throw them off course. Once the storm calms, the awareness that



these perils were the impetus for necessary growth comes about. We have the "aha" moment that growth would not have resulted if we stayed stagnant in our old-worn out cocoon. By navigating through these times without abandoning faith, we grasp the reality that uncovering our spiritual essence is what the journey is all about in the first place. The Universe will give us whatever we need to wake up and shed anything unlike God consciousness.

Indeed, getting there might require navigating over the rocky crags, hills and forests in our minds, but we ultimately arrive at a place in Mind where expressing Spirit is the natural and customary part of daily living. For the monarchs, it's called the "magic circle." This is the special place in Mexico's forest where temperature, food and shelter are perfectly balanced to allow the monarchs to sleep until they awaken refreshed for the 2,000 mile trip north.

For us, it's called the "divine circle," the special place within with the right balance of intelligence, love, joy and peace. It is a place that contains the perfect potential to fulfill all of our desires. We don't have to travel great distances to find it. Our divine circle is right where we are all the time. It's where intelligence and beauty meet. It's where the power lies ready to no longer sleep but to awaken to the splendor within.

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